Capistrano Valley Football

◄ Jun 2018 **July 2018** Aug 2018 ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	**2** Summer Practice # 6 7-9:30am Freshmen Practice 9:30-12	**3** Summer Practice # 7 Freshmen Practice 9:30-12 Varsitiy 7 on 7 CVC, ????, and Trabuco Hills @ Capo 5pm	**4** No Practice	**5** No Practice	**6** No Practice	**7**
8	**9** Summer Practice # 8 Freshmen Practice 9:30-12	**10** Summer Practice # 9 Freshmen Practice 9:30-12 Varsity 7 on 7 @ Aliso Niguel 5pm	**11** Summer Practice # 10 Freshmen Practice 9:30-12 Freshmen 7 on 7 @ Tesoro 5pm	**12** Summer Practice # 11 Freshmen Practice 9:30-12 Varsity 7 on 7 vs CDM, Crean Lutheran and SJH @ Capo 5pm	**13** Summer Practice # 12 Freshmen Practice 9:30-12	**14** Marina Varsity 7 on 7 tournamentand lineman competition Time TBD
15	**16** Summer Practice # 13 Freshmen Practice 9:30-12 Senior Picture/Poster 10am	**17** Summer Practice # 14 Freshmen Practice 9:30-12 7 on 7 vs Tesoro @ Capo Varsity and JV 5pm	**18** Summer Practice # 15 Freshmen Practice 9:30-12 Freshmen 7 on 7 vs Trabuco @ Capo 5pm	**19** Summer Practice # 16 Freshmen Practice 9:30-12	**20** Vacation	**21**
22	**23** Vacation	**24** Vacation	**25** Vacation	**26** Vacation	**27** Vacation	**28**
29	**30** Football Season Pratice Starts For all levels	**31** Practice # 2	**July 30th will begin football practice for the season**			